

**To see more Mind Maps by Paul Foreman visit the  
Mind Map Inspiration Website [www.mindmapinspiration.co.uk](http://www.mindmapinspiration.co.uk)**

**and**

**Subscribe to the Mind Map Inspiration Blog to receive  
new Mind Maps, plus creativity and drawing tips.**

**Blog at [www.mindmapinspiration.com](http://www.mindmapinspiration.com)**

**Mindmaps ® were invented by Tony Buzan**

**They help us progress from "linear" (one-dimensional) through  
"lateral" (two-dimensional) to "radiant" (multi-dimensional) thinking.**

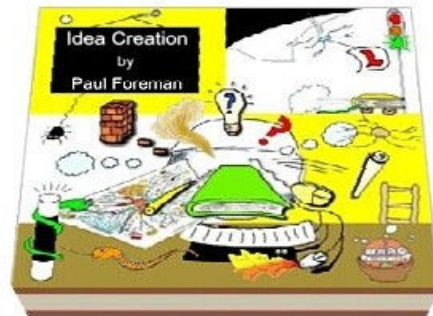
**For more information see his books and visit the following websites:**

**[www.buzanworld.com](http://www.buzanworld.com)**

**[www.imindmap.com](http://www.imindmap.com)**

Available from <http://www.mindmapinspiration.co.uk>

**Idea Creation**  
101 Page E-Book £7.95



In this E-Book I share how I create ideas and help guide you towards the land of infinite possibilities.

**Never be stuck for an idea again!**

**Contents**

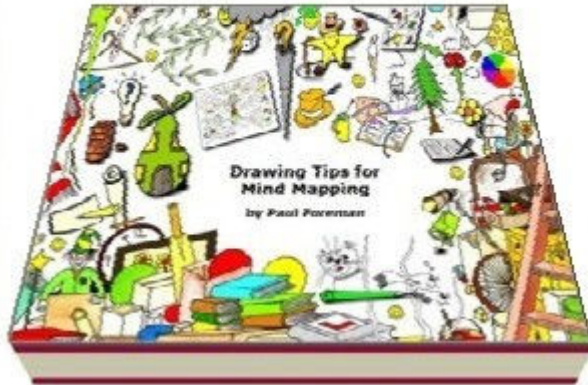
Why simple is often best  
    Fresh ideas  
Use thinking – don't let it use you  
    Lifespan of an idea  
    Simplicity of an idea  
Everything stems from a thought  
Planning ahead and the bigger picture  
    Sparking ideas  
    Random thinking styles  
    Creativity Toolkit  
Outside the box outside the box  
Ideas don't dry up – thoughts do  
    Constant Daily Learner  
Land of infinite possibilities

**Includes the following Mind Maps:**

5W1H  
    Idea Creation  
Topical Ephemeral or Practical Immortal  
    Theory of the Brain  
    Idea  
    Planning Ahead and the Bigger Picture  
    Sparking Ideas  
    What is Original?  
    Thinking Styles  
    Thinking styles template  
Creativity Toolkit Mind Map  
    Planetary Thinking  
    360° Thinking  
    Creative Focus  
    Odd Combinations  
    Thinking outside the Box  
Thinking outside the Box Checklist  
    Curious Brain  
    Constant Daily Learner

## Drawing Tips for Mind Mapping

110 Page E-Book £5.95



Beginners guide

Colour wheel and use of colours

Suggested Equipment

Drawing Fish

Drawing Cats

Drawing Books

Using Stencils & Templates

Drawing Hats

Mind Map Templates

Drawing Curves & Shapes

Detailed breakdown of "Fantasy Mind Map"

Enhancing Creativity through Thought Reduction

Drawing Speed Tests

Drawing Faces

Lettering

Photo to Cartoon transfer

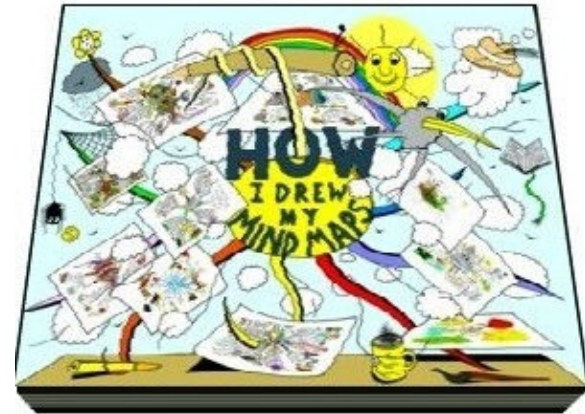
Drawing Tips and Tricks

Doodleboards

Mind Maps

## How I drew my Mind Maps

71 Page E-Book £6.95



Learn how to take your drawing to the next level

in my second E-Book and discover the secrets of

"How I drew my minds"

Including:

The thoughts behind the maps

Mind Map structure

What products I use

Tips and tricks for drawing

Colour placement

Image placement

Detailed image analysis

Illustration walkthrough step by step

Fast sketching

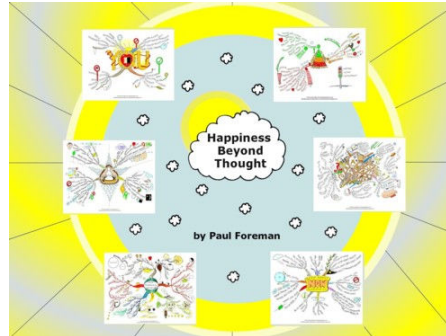
Idea generation

From a simple line and curve to an image

Overlap and 3D

Plus a few surprises!

## “Happiness Beyond Thought” 85 Page illustrated E-Book - Including Mind Maps £5.99



Discover true happiness and inner peace

Learn how to stop incessant thinking  
and take control of your thoughts

Learn how to meditate, relax your  
mind and body and foster inner calm

How to stay in the present moment

How to let go, find simplicity and  
transform your life for good

Simple tips and strategies for  
a harmonious and stress-free life

### **Includes:**

Happiness is your primary state

Stop Thinking

Happiness is inside you

Go Within

Meditation

Organisation – Inner & Outer

Coming back to now (Present Moment Awareness)

### **Includes the following Mind Maps:**

Happiness is your primary state

Stop Thinking Tips

Happiness is inside you

Go Within

Meditation

Organisation

Present Moment Awareness

Positive Acronym Your Name

Letting Go

Plus a Bonus Mind Map